

2001 California Dietary Practices Survey

Table 111: Californians Who Couldn't Afford Balanced Meals

Question: *I couldn't afford to eat balanced meals.*

Was that often, sometimes, rarely, or never for you in the last 12 months?

	Percent ¹			
	Often	Sometimes	Rarely	Never
Total	10	17	17	55
Sex				
Males	12	18	15	55
Females	10	17	18	56
Males				
18 - 24	13	20	14	54
25 - 34	14	20	20	46
35 - 50	12	15	19	54
51 - 64	11	31	15	44
65+	6	2	5	86
Females				
18 - 24	10	13	27	49
25 - 34	9	20	22	49
35 - 50	11	18	18	52
51 - 64	17	23	16	44
65+	3	10	8	80
Ethnicity				
White	10	13	14	64
Hispanic	12	20	23	46
Black	8	32	18	43
Asian/ Pacific Islander	11	13	17	59
Education				
Less than high school	10	24	21	44
High school graduate	11	19	17	53
Some college	12	16	13	59
College graduate	8	11	18	63
Income				
Less than \$15,000	15	24	16	44
\$15,000 - 24,999	8	15	18	59
\$25,000 - 34,999	6	7	14	73
Physically Active				
Did not meet recommendations	11	19	18	52
Met recommendations	9	15	16	60
Overweight Status				
Overweight/Obese	12	17	17	53
Not overweight	8	15	18	59

¹ Out of individuals with a household income < \$35,000

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Chi Square Test

* p<.05

**p<.01

*** p<.001